



MOMS IN TOUCH INTERNATIONAL College/University

Prayer is a special way of connecting with your sons and daughters who are away at college. Moms in Touch provides a format which can be adapted by moms of college students who wish to get together and pray. We pray not only for our children, but also for their professors and their campuses, which are in desperate need of our prayers.

♥ To start a group

Ask God for at least one other mom to be your prayer partner. Your children do not have to be at the same college.

Choose a place and time that are convenient for you to meet. If a home is not centrally located, perhaps a church or Christian school would be more convenient. Is a working mom part of your group? Consider meeting at her workplace either before work hours or during lunch. The easier it is for everyone to reach the location, the more they will attend regularly.

Order a Moms In Touch International booklet and read it thoroughly.

Order a *Leader's Guide* from Moms In Touch International.

♥ Four Steps of Prayer

During the prayer hour, pray conversationally in one accord following the Four Steps of Prayer format

- ◆ Praise
- ◆ Confession (Silent)
- ◆ Thanksgiving
- ◆ Intercession

For Your Children—scriptural and specific requests
(See *Member Sheet*, *Leader's Guide* page 9.1.)

For Professors—scriptural and specific requests

For Schools—since there may be several different schools represented in your group, select one of the following formats

1. Pray for school concerns

Choose a particular concern such as curriculum, protection, sports, or drugs on campus, and pray completely through that *one* topic for each school represented. See *Prayer Suggestions College/University* (*Leader's Guide* page 12.3).

or

College/University

2. Pray for one school each week

Concentrate on that school's administrators, advisors, philosophies, et cetera. The leader may ask the parent with a student at that school to briefly share one or two needs. Select a different college for the following week.

For Moms In Touch International

1. Pray that the Lord will bring other moms to your group who will catch the vision of prayer and be committed to it.
2. Pray that the Lord will give the MITI board of directors wisdom and discernment in all the decisions they make on behalf of the ministry.
3. Pray that the Lord will provide the wisdom, knowledge and energy that the administrative team and staff require to keep MITI running smoothly and serving its members.

Your prayer time can be more specific if you ask your son or daughter for prayer requests; obtain the names of their college president, dean, advisor, professors, and friends. This will help you in praying for them and the world they enter into each day. Ask your student to send you copies of the campus newspaper and look through the college catalogue to find topics for prayer.

The Moms In Touch *Leader's Guide* has many different helps for the MITI group leader. There are Scriptures to use for Praise, Confession, Thanksgiving and Intercession; and prayer suggestions for children, teachers, and schools. There is also a wonderful format for a personal quiet time that will help the leader transfer thoughts and ideas from her own quiet time to the Moms In Touch hour.

Upon beginning a group, the leader should **fill out the registration envelope in the middle of the MITI booklet and send it to headquarters** so that she can be placed on the roster. The leader will receive our Moms In Touch International newsletter as well as information on MITI functions in her area. The roster is also used by MITI headquarters, state coordinators, area coordinators and contact people to connect interested moms with existing groups. It will be an encouragement to us to know of moms of college students lifting up their campuses in prayer.

MITI booklets and Leader's Guides are available by contacting:

Moms In Touch International
P.O. Box 1120
Poway, California 92074-1120
Phone: 858-486-4065

or

Christian Bookstores (*Booklets only*)
Riverside Distributors
ISBN #0-9628244-0-2

Website: www.MomsInTouch.org



MOMS IN TOUCH INTERNATIONAL Prayer Suggestions College/University

Pour out your heart like water in the presence of the Lord. Lift up your hands to Him for the lives of your children! Lamentations 2:19

♥ Pray for the students

That they desire to please the Lord in every area of their lives (I Corinthians 10:31)

That their relationship with God will grow and they will seek His will for their lives (Philippians 1:9-10)

That they will find a church home and fellowship with other believers (Hebrews 10:25, Psalm 122:1)

That they will hold fast to the basic Christian values that were taught by their parents (Proverbs 4:1-2, Colossians 2:8)

That communication with parents will remain good (Ephesians 6:2-4, Proverbs 1:8-9)

That they will have good study habits and desire to do their best (Colossians 3:23, Psalm 90:12)

That they might have wisdom and discernment as they choose their classes and major field of study (Proverbs 3:5-6, Colossians 1:9)

That a good relationship might exist between the students and their instructors (Proverbs 9:9, Proverbs 2:2)

That they will exhibit Christlike values and behavior while attending parties and other campus activities (Romans 12:2, Romans 13:12-14)

That they will resist temptation (Proverbs 1:10, I Corinthians 10:13)

That they will have no desire for alcohol (Proverbs 20:1, Ephesians 5:18)

That they will not use foul language (Psalm 19:14, Ephesians 4:29)

That drugs among the students and in dorms will be exposed (Psalm 119:71)

That any student having problems with drugs or alcohol will seek and get the help that is needed (Romans 13:14)

That there might be compatibility with roommates (Romans 14:19, I Corinthians 1:10)

That part time jobs will be available to those needing them (Philippians 4:19)

That they will choose friends with high morals and integrity (Psalm 1:1, Proverbs 13:20)

That they will not be enticed to have premarital relations (I Corinthians 6:18, I Thessalonians 4:3-4)

That they will prayerfully consider choosing a godly mate for marriage (II Corinthians 6:14, Proverbs 31:10-12)

Prayer Suggestions—College/University

♥ Pray for the instructors/professors

That they will be men and women of high morals, godly values, and integrity

That those who are Christians will desire to be salt and light to other faculty and staff members

That friendships will grow among the Christian faculty and staff

That those who serve as department heads might be men and women of great wisdom as well as knowledge

That they might have expertise and enthusiasm for the information to be taught

That they might get to know and enjoy their students

That they might take the time and have a willingness to help students on an individual basis

That unreasonable projects and demands would not be placed upon the students

That they will be fair in their grading and testing; that any personal, moral, or political bias will not affect the student's grade

That instructors/professors who go through personal difficulty might seek God as their answer

That instructors/professors who are a negative influence will leave the teaching profession

Do you know the names of the instructors/professors your student has this semester? You are encouraged to choose one each week, praying for them specifically by name.

♥ Pray for the college/university

That the president and governing board will not only set high academic standards, but take a personal interest in their students

That the student body will be challenged to a godly standard of morals and behavior

That administrative positions will be filled by men and women who love the Lord and seek His counsel in their daily lives

That dishonesty and compromise will not be tolerated at any level—administration, faculty, student body

That alcohol and drugs will not be tolerated on campus

That the college/university will not be influenced by political pressure when setting ethical standards for their campus

That graduating seniors will be assisted with resources for finding their first job

That there will be a spirit of cooperation between the administration and Christian student organizations

Do you know the name of the president of your student's college/university? This person carries much responsibility and makes decisions that ultimately have a great effect on your student. You are encouraged to pray for this person by name each week.



MOMS IN TOUCH INTERNATIONAL Finding Another College Mom

Due to the unique nature of a college MITI group, there are a variety of ways to find another mom to pray with you.

♥ Through prayer

Ask God to bring another college mom to you. She may be someone you already know, such as a friend, neighbor, or grandmother. All you need is one other person to get started. Remember, college groups may encompass several schools.

♥ Through churches

- ◆ Place a notice in the bulletin of your church and other churches near you.

Moms In Touch International College Prayer Group—Make an eternal difference in your college student's life through prayer. All moms of college students are welcome, whether your student attends a college in or out of state, Christian or secular, technical school or community college. For more information, please call [your name and number].

- ◆ If your church has an event to honor high school seniors, ask if you may make MITI information available to the moms who are attending. Contact interested moms again in the fall when the reality of their child's leaving home sets in.
- ◆ Ask youth pastors to share the names of moms with graduating high school seniors who might be interested.
- ◆ Talk with the directors of women's ministry of different churches about your college MITI group. Ask them to share MITI and give out MITI brochures with your name and phone number on them. Be willing to speak about the ministry if asked.

♥ Through MITI

- ◆ Ask the high school leaders of local MITI groups for names of moms who will have college students the following year.
- ◆ Check with your state coordinator, area coordinator or contact person for the names of anyone nearby who might be interested in a college group. If you do not know of any leadership within your area, you may contact MITI headquarters directly.

Finding Another College Mom

♥ Through local Christian high schools

Ask permission to place an announcement in their school bulletin, parent newsletter or paper.

After high school, then what? Make a difference in your college student's life through prayer. Join a college Moms In Touch group to pray for your children and their campuses. For more information, call [your name and number].

♥ Through baccalaureate programs

Some high schools hold baccalaureate services. To find out if they are being held at local high schools, call the high school MITI leader or the school office. Contact a parent helping with the program and ask if you could make a program insert available to them or if information sheets could be set out in one or two places where interested parents could pick them up.



MOMS IN TOUCH INTERNATIONAL Care Packages for College Students

As a group you can encourage your college students who are away from home. One of the ways to do this is through care packages. By combining your efforts, a variety of goodies can be sent without taking too much time or money. The leader should announce the date for this in advance and have each mom bring one item for each student represented in her group. The moms then assemble the care packages after the prayer time is over. Each mom is responsible for sending the care package to her student. You may include an encouragement card with each mom's signature.

Suggested items for care packages

♥ **Food** (always a favorite!)

- Homemade cookies
- Brownies
- Rice Krispies treats
- Animal Crackers
- Microwave popcorn
- Hot chocolate/cider/coffee mixes
- Candy
- Nuts
- Trail mix
- Peanut butter/cheese and crackers

♥ **Other Items**

- Highlighters
- Pens/pencils
- Post-it notes
- Quarters for laundry
- Inspirational notes/booklets/pamphlets/bookmarks
- Clipped comic strips

♥ **Suggested Themes**

- Finals
- Midterms
- "Just homemade cookies!"
- Holidays